

High Tea: Plate

Class by Teri Young and Kara Mason for Baltimore on the Prairie 2023
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Resting on a plate rack, this beautifully embellished plate is ready to be used for a special high tea, which is the name of our latest quilt—*High Tea*. This lovely dish is adorned with flowers and a sweet little bird, using a mix of wool, cotton, ribbon, and other embellishments. You will be pleasantly surprised at how easy the ribbon flowers are to make as we learn the techniques in class. Embroidery stitches and basic wool appliqué will lay the foundation for your created blooms.



Skill level: Advanced beginner to advanced

Required ribbon kit fee: \$24—includes 1 yard of 1.5"-wide wired ribbon, 60" of 2"-wide silk bias ribbon, 1.5 yards 4mm silk ribbon, 1 yard of 1"-wide bias silk ribbon, 6.5" of .75"-wide velvet ribbon; scrap of gold ultrasuede; and pattern with instructions.

Optional kits:

- Wool (7 colors) + 14" cotton square for plate **\$9**
- Thread by Weeks DyeWorks (4 flosses, 1 pearl cotton #5, 2 pearl cotton #8) **\$15**
- Complete kit with cotton, wool, thread, ribbon, and pattern **\$45** (*does not include background*)

Basic sewing supplies needed:

- Thread for appliqué (*fine cotton, silk, or poly—we use Aurifil 50 or 80 wt cotton or Invisafil 100 wt*) to match fabrics
- Strong thread for ruching and basting (40-50 wt cotton or polyester)
- Needles: appliqué, #22 chenille, large milliners needles (size 1 or 3)*
- Scissors: sharp embroidery scissors, paper scissors, & junk scissors for cutting wired ribbon
- Straight pins
- Sewline Trio (or your favorite marking pencil)*
- Tweezers*
- Small ruler
- Soft Fuse
- Freezer paper

*Items available for purchase

Materials needed for block:

Cotton—

- 18"x20" background fabric (*NOTE: If you think you might plan on making our entire High Tea wall hanging, 2 yards of background will be more than sufficient.*)
- 14" square brown (or dark color of your choice) for plate

Wool—

- 3"x13" brown for shelf
- 1½"x 3" gold for bird
- 1½"x 3" dark gray for bird and flower
- 1½"x 4" light blue for bird
- 2"x3" medium blue for forget-me-knots
- 3"x3" cream or white for anemone
- 6"x5" green for leaves

Threads—

- Floss: gold, green, dark purple, and blue to match bird
- Pearl cotton #8: green and amber pearl cotton
- Pearl cotton #5: tan/brown pearl

Embellishments—

- Scrap of gold ultra-suede
- Pink beads for flower and one black bead for bird eye

