

## **Birds of Coeur d'Alene – 24" block**

The Birds of Coeur d'Alene was inspired by a larger quilt Missie has designed called Coeur d'Alene. The borders of the large quilt have bits of applique', broderie perse and embroidery. This block will teach the methods used in the borders of the larger quilt. The embroidery accentuates the beauty of the fabrics used for the florals and makes the project have an overall natural affect. Class will consist of learning the starch basting technique Missie uses to prepare applique shapes, focusing on sharp points and narrow branches less than ¼". Using Missie's original notions will give you very precise results. The class will also focus on placement of flowers and broderie perse (needle turn) applique' as well as getting started on the embroidery. This block can be finished as shown or be sewn into a quilt as a big block.

**Lab Kit \$ 29.50**– Contains the pattern and preprinted templates for the applique' shapes as well as a few needles for quality stitches. It also includes the 3 broderie perse fabrics needed for the block- 2 florals and the birds. The large floral is from Missie's fabric line, The Ashton Collection.

**Optional Fabric Kit \$22** - Contains the background, fabrics for the branches and leaves as well as fabrics for the sashing and facing on the backside. These are from Missie's fabric line The Ashton Collection. By purchasing this along with the required lab kit, you will have all the fabric needed for this block except for the backing. If you'd rather have a different background or sashing fabric, Missie has several she can show you for substitution. Backing can be purchased for \$9.75 if you desire.

**Optional Thread Kit for the cottons- \$24.99** Contains threads that match the fabrics perfectly for the applique' in brown, dark green, light green and ivory. These threads are 100 weight poly (3) and silk (1) from Superior. They are wonderful to sew with.

**Optional Embroidery Thread Kit \$19** – Contains brown, red, gold and blue wool threads that match the fabrics wonderfully. The wool thread gives a natural feel to the block. It also contains a medium brown floss for the bird feet.

### **Fabric Requirements**

3/4 yd background ivory

½ yard brown floral for sashing and facing

1/8 yd 3 different greens for the leaves and branches

1/8 yd 2 different browns for the branches

### **Embroidery Threads**

Very dark brown, red, gold and blue wool threads that match the fabrics, plus a medium brown cotton floss

## Supplies and Notions

Notions from Traditional Primitives are highly suggested to gain more precise shapes for better results. They are available at [TraditionalPrimitives.com](http://TraditionalPrimitives.com) or Missie can bring them for you. If you want to see them first, bring what you have of the items listed.

- Fingertip Stiletto
- Starch Brush
- Premium Quilting Starch
- Ultimate Freezer Paper (for future projects)
- Hexie Shaped Pressing Mat
- Safety Mug for the mini iron

Also available at [TraditionalPrimitives.com](http://TraditionalPrimitives.com)

- ❖ Roxanne's Glue Baste It
- ❖ Small sized paper scissors
- ❖ Medium sized fabric scissors
- ❖ Clover Mini Iron model MCI 900 with NO red protective sleeve
- ❖ Threads to match your fabrics- 80 weight or higher is recommended
- ❖ Travel light
- ❖ Thimble

Other supplies

- ❖ Small ruler or tape measure
- ❖ Silicone Applifuse Mat, Light Box or any other method you like to use to place shapes precisely. BOTP may have some light boxes we can use, but we will need them for quite a while so having our own will be best.
- ❖ Large square ruler and extra ruler to draw a 24" square (if you are driving and have room). Missie will bring one to share. Those of you who bring them hopefully can share.
- ❖ Extension cords to reach from outlet to your table. You will need 2 plug ins - one for a light, one for an iron.
- ❖ Other items you may need in your sewing kit