

## **Early America Spirit- 24" finished block**

This block is inspired by the early American eagle round and oval mirrors and frames. The class will focus on starch basting the shapes (Otherwise known as prepared edge) using Missie's original notions for this technique. These notions make a huge difference in the success of starch basting, gaining sharp points and small shapes with ease. The challenges in this block will be the eagle and leaves. When broken down into the techniques Missie uses, these challenging units are very manageable! There will be more blocks in this series coming soon.

Prior to the workshop Missie will provide a link to purchase kits and supplies for those in the class so it's easy for you to get things you need.

**Required Lab Kit \$24-** It contains needles to gain good quality stitches, the pattern and pre-printed templates on Traditional Primitives' Ultimate Freezer Paper, doubled and ready to use.

**Optional Fabric Kit- \$49.95-** Most of the fabrics are from Missie's fabric lines. There will be a variety of background fabrics to choose from in class. The rest of the fabrics will be identical to Missie's block. You will have left overs for more blocks in this series or other projects.

**Optional Thread Kit- \$44.95 -** Contains Missie's favorite threads to use for applique'- 80 & 100 weight poly threads from Superior (6) and Wonderfil (2).

**Fabric Requirements-** Missie is a firm believer in using a wide variety of fabrics which adds interest. You will have leftovers.

- ❖ 3/4 yd light background
- ❖ 1/4 yd blue
- ❖ 1/4 yd light plaid
- ❖ 1/3 yd cheddar for frame
- ❖ Fat 1/16 yds or generous scraps of 7 or so browns for eagle feathers and star points, black for star points, 5 different reds for petals and star parts, 3 different greens for leaves, 4 cheddars to surround petals, light cheddar for flag poles, light cheddar for shield, ivory for shield stripes, center focal fabric for star, light blue for flag and shield stars, red stripe for flags and shield
- ❖ 2 ivory scraps for eagle head that show up on the background and have small scale print. Please bring a variety to make sure you have the right choice.
- ❖ A scrap of fabric with a design element that will make an eye. Again, bring several fabrics to audition.

## Supplies & Notions

Notions from Traditional Primitives are highly suggested to gain more precise shapes for better results. They are available at [TraditionalPrimitives.com](http://TraditionalPrimitives.com) or Missie can bring them for you. If you want to see them first, bring what you have of the items listed.

- Fingertip Stiletto
- Starch Brush
- Premium Quilting Starch
- Ultimate Freezer Paper (for future projects)
- Hexie Shaped Pressing Mat
- Safety Mug for the mini iron

Also available at [TraditionalPrimitives.com](http://TraditionalPrimitives.com)

- ❖ Roxanne's Glue Baste It
- ❖ Small sized paper scissors
- ❖ Medium sized fabric scissors
- ❖ Clover Mini Iron model MCI 900 with NO red protective sleeve
- ❖ White marking pencil
- ❖ Threads to match your fabrics- 80 weight or higher is recommended
- ❖ Travel light
- ❖ Thimble

Other supplies

- ❖ Small ruler or tape measure
- ❖ Silicone Applifuse Mat, Light Box or any other method you like to use to place shapes precisely
- ❖ Large square ruler and extra ruler to draw a 24.5" square (if you are driving and have room). Missie will bring one to share. Those of you who bring them hopefully can share.
- ❖ Extension cords to reach from outlet to your table. You will need 2 plug ins - one for a light, one for an iron.
- ❖ Other items you may need in your sewing kit