

## **Lovers in the Garden - Supply list:**

**Pattern:** \$14 (Includes freezer paper templates). Payable to teacher in class

### **Supplies:**

- mini iron and a firm ironing surface,
- 1/4" stencil brush, spray starch, and a small container to hold starch
- personal sewing lamp, electrical cord and power strip
- stiletto, tweezers, and an emery board
- Roxanne's glue baste and small appliqué pins
- freezer paper \*
- appliqué needles #11; embroidery needles # 8; chenille needles # 22 for ribbon work
- 20"x20" piece of foam core
- sharp to the point scissors and paper scissors
- pencil for marking fabric
- a roll of 1/4" quilters tape
- any basic sewing notions that you like to use, such as a thimble, needle threader, thread heaven, etc

### **Fabrics and embellishments:**

- background fabric 20"x20", vertical and horizontal registration lines stitched
- small pieces of a variety of fabrics (silk or cotton) in your choice of colors for the appliqué
- thread to match appliqué pieces (silk or cotton)
- silamide or nymo thread for sewing beads
- silk ribbons (7mm), seed beads, and embroidery floss (silk or cotton) for stems and embellishments
- thin cotton batting to stuff petals (approx. 12"x12")

### **Notes and tips:**

- I like to use 4-5 different shades of each color way when making flowers, allowing extra for fussy cutting. This will give your flowers the illusion of dimension and texture.
- If choosing silks for appliqué, I always stabilize them first. I recommend using Presto Sheer which is available online from Sue Spargo if your local shop doesn't carry it.
  - Hand dyed ribbons and matelassé silk (my favorite!) are available from [maryjohiney.com](http://maryjohiney.com) .
- Dupioni silk may be found in the bridal section of most fabric shops.
- \* – I do not use the freezer paper made for wrapping meats. I prefer CutRite heavy duty crafter's freezer paper that comes in 8 1/2"x11" sheets and can feed right into your printer.