

Griffins in the Garden – Session B - Supply list:

Pattern: \$14 (Includes freezer paper templates) Payable to teacher in class

Supplies:

- mini iron and a firm ironing surface
- 1/4" stencil brush, spray starch, and a small container to hold starch
- personal sewing lamp, electrical cord and power strip
- stiletto
- sharp to the point scissors and paper scissors
- tweezers
- emery board
- 1/4" quilter's tape
- Roxanne's glue baste and small appliqué pins
- Soft Fuse fusible web (about 4 sheets-a must for making the griffins!)
- an appliqué (non stick) pressing sheet
- freezer paper
- appliqué needles #11; embroidery needles # 8; chenille needles # 22 for ribbon work
- 20"x20" piece of foam core
- any basic sewing notions that you like to use, such as a thimble, needle threader, thread heaven, etc.

Fabrics and embellishments:

- background fabric 28"x28", horizontal and vertical registration lines stitched
- small pieces of a variety of fabrics (silk or cotton) in your choice of colors for the appliqué flowers and leaves
- 1/3 yd. each of gold and brown fabric for the griffins
- thread to match floral appliqué pieces (silk or cotton)
- 40wt Sulky rayon thread to match griffin pieces
- silamide or nymo thread for sewing beads
- silk ribbons (4mm), seed beads, and embroidery floss (silk or cotton) for stems and embellishments

Notes and tips:

- I like to use 4-5 different shades of each color way when making flowers, allowing extra for fussy cutting. This will give your flowers the illusion of dimension and texture.
- If choosing silks for appliqué, you must always stabilize them first. I recommend Presto Sheer which is available online from Sue Spargo if not found at your local shop. Hand dyed ribbons, and matelassé silk (my favorite) are available from maryjohiney.com
- I used a single strand of Elly's Silk 30wt. variegated green thread for the vines in the central motif. Elly's Silk thread is available at uncommonthread.com.
- I do not use the freezer paper made for wrapping meats. I prefer CutRite heavy duty crafter's freezer paper that comes in 8 1/2"x11" sheets. They go through your printer easily!
- Soft Fuse fusible web, as the name suggests, will keep the griffins pliable